



Gathering a Basket of Knowledge about Vietnam and Vietnamese Americans • “Đi một ngày đàng học một sàng khôn”

Virtual Pilot Workshop

Session Dates & Times:

- Saturday Oct. 7
- Saturday Oct. 14
- Saturday Oct. 21
- Sat. Oct. 28
- From 1-4pm PST / 4-7pm EST (4 3-hour sessions)
- Zoom link will be provided upon selection

Apply here: ([link](#))

Instructors:

- Dr. Maggie Bodemer
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- Dr. Tham Tran
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Workshop Description

“Đi một ngày đàng học một sàng khôn” - This proverb translates to "Go out and gather a basket of wisdom." In other words, it can be taken to mean "Expand your horizons, keep learning" or "the more you go, the more you will know." This captures the spirit behind this workshop, which is designed to help teachers learn more about the history, geography and culture of Vietnam, as well as content about Vietnamese American experiences, in order to best serve their students of all backgrounds. The workshop is also designed to help teachers engage multicultural and multilingual learners using culturally responsive techniques, and by examining our own cultural assumptions and stereotypes.

Today, most Americans know very little about Southeast Asia and Americans of Southeast Asian descent, despite the nearly decade-long U.S. involvement in the region, in particular in Vietnam. After 1975, several waves of refugees began arriving in the U.S. in connection with the Vietnam War, from Vietnam, Laos and Cambodia. Southeast Asian Americans are among the lesser recognized groups in the U.S., which coincides with a general lack of understanding of the history and their reasons for settling in the United States, especially among Americans under 30. This has resulted in misunderstanding, prejudice, discrimination, and racism directed toward Southeast Asian refugees and Southeast Asian Americans. People incorrectly blamed Asian Americans for Covid-19, which led to a spike in anti-Asian hate and rise in attacks, especially on the elderly.

As educators, we routinely come into contact with the children of Vietnamese refugees. It is important to gain insight into the unique experience of the young members of this ethnic group in order to

Viet Workshop Syllabus - Promo version

deal effectively with their challenges and to encourage their achievements.

The story of Vietnamese Americans is one of rapid growth. It is the third largest Asian American group. According to the AAPI data (2018), Vietnamese Americans comprise one of the largest Asian ethnic groups in Hawaii. The Vietnamese student population in the Hawaii public schools has increased over the years. In any given year, Hawaii's EL represents about 70 different languages. In the HIDOE, Vietnamese language is in the top 10 of "Most Common Languages" in the 2019-2020 School Year.

This workshop is part of the Carrying Cultures Curriculum at the University of Hawaii's Center for Southeast Asian Studies and is designed to meet the needs of K-12 teachers. It is part of a pilot course being developed to offer professional development but it has not yet received final approval for credit. Since the workshop is a pilot course we are not yet able to offer a stipend or official PD credit. However, we can furnish participants with a letter certifying their participation and the number of hours involved for the workshop (12 hours), upon request.

Objectives

1. To help teachers to better understand the perspectives of Vietnamese students and families
2. To help teachers to develop an understanding of culturally responsive and culturally sustaining teaching, including arts integration and strategies that support multilingualism

To achieve these objectives the workshop consists of a balance between

- Presentations by experts from the Vietnamese community on history, geography, culture and the experience of Vietnamese students and families

- Hands-on art activities that help participants to synthesize information and learn concrete strategies for arts integration
- Modeling a range of active-learning strategies such as jigsaw reading protocols, gallery walks and object-based learning opportunities to build background knowledge through texts and film

Participants will receive

- The Anchor text *The Mountains Sing*
- A sketchbook to participate in the visual arts integration components of the workshop
- Access to all course materials and resources
- Upon request: a letter certifying your participation and the number of hours involved for the workshop (12 hours)
- See below for recommended and optional art supplies

Participants are expected to

- Attend all the sessions of the workshop. While we understand that unexpected circumstances may arise, we encourage you to only apply for this workshop if you are able to attend all sessions.
- Engage in all workshop activities and discussions (via Zoom and online)
- Read the Anchor text *The Mountains Sing* outside of class and come ready to discuss

Technology

- The live sessions for this workshop will be conducted on Zoom. If you haven't used Zoom, you might want to check out some of the video tutorials in the [Zoom Help Center](#).

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This article will walk you through all of the basics that you will need to participate in the live sessions of the workshop: [Getting started on Windows and macOS](#).

- In order to help create a sense of community in our workshop, we strongly encourage everyone enrolled to participate with your

camera turned on. Earbuds or headphones are helpful for improving the audio quality.

- We will open up each session 15 minutes early and will be available to answer any tech questions or help problem solve. Additionally, please feel free to email either of us ahead of time if you have questions.

Session Schedules

Pre-workshop Assignments

Due: October 5

Assignment	Approx. Time to Complete
Pick up materials sent to you (<i>anchor text</i> & sketch journal)	
Procure and have ready your art materials (see list below)	
Review Syllabus	10-15 minutes
Start reading anchor text: <i>The Mountains Sing</i> by Nguyễn Phan Quế Mai, pp. 1-76	1-2 hours
Suggested: Watch Justin Davies's presentation on why and how to integrate the Visual Arts into your classroom PPT / Recording	30 min.
Optional: Justin's Prerecorded See Think Wonder video	13 min.

Session 1

Time	Activity	Description
12:45 pm - 1:00 pm	Pre-workshop opening and setup, logistics	We will open the workshop Zoom 15 minutes before each session to help participants with any logistics
1:00 pm - 1:15 pm	Welcome, Overview and Goals	Welcome to the workshop, brief description of the purpose, format, history and goals of the workshop; introductions to instructors & participants.
1:15 pm - 1:25 pm	Opening Questions	Participants will rotate through 1-2 online pairings with other participants and discuss a new question with each new partner.
1:25 pm - 1:45 pm	Intro to Visual Arts Integration	Introduction to Visual Arts integration, Sketchbook journaling and See Think Wonder
1:45 pm - 2:30 pm	Gallery Walk	Participants observe a cultural artifact and use drawing and writing to record observations, inferences and

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		questions about the objects, events and places depicted. Discussion in pairs and then with the whole group.
2:30 pm - 2:45 pm	Break	
2:45 pm - 3:25 pm	Presentation: Vietnamese Americans	Historical context and background lecture and discussion.
3:25-3:50	Anchor text discussion	Participants will share their initial impressions of the book so far, and Tham and Maggie will introduce some cultural notes based on p. 1-76 of the book
3:50 pm - 4:00 pm	Closing	Wrap up, Q & A

Homework for Session 2

Due: October 13

Assignment	Approx. Time to Complete
Read anchor text: <i>The Mountains Sing</i> by Nguyễn Phan Quế Mai Focus on reading: p. 96-130	1-2 hours

Session 2

Time	Activity	Description
12:45 pm - 1:00 pm	Pre-workshop opening and setup, logistics	We will open the workshop Zoom 15 minutes before each session to help participants with any logistics
1:00 pm - 1:25 pm	Opening Questions	Participants will rotate through 1-2 online pairings with other participants and discuss a new question with each new partner.
1:25 pm - 2:25 pm	Presentation: Culturally Responsive-Sustaining Pedagogy	This presentation will give teachers cultural background about Vietnam and Vietnamese culture, and then will include some important information for the classroom, followed by interactive discussion together. Participants will be able to reflect on their own culture and experiences, and then think about their classrooms as well.
2:25 pm - 2:40 pm	Break	
2:40-3:15 pm	Vietnamese Student Panel	Students discuss their successes and challenges in navigating education in the US.

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3:15 pm - 3:40 pm	Group discussion & activity	What did you learn in today's session? What did you learn in the anchor text reading so far? How can you incorporate what you're learning into your teaching? Participants will be assigned an article for the next session.
3:40-4:00 pm	Closing	Wrap up, Q & A

Homework for Session 3

Due: October 20

Assignment	Approx. Time to Complete
Read anchor text: <i>The Mountains Sing</i> by Nguyễn Phan Quế Mai Focus on reading: p. 149-230	1- 2 hours
Read your assigned article for the Jigsaw activity	20-30 minutes

Session 3

Time	Activity & Resource	Description
12:45 pm - 1:00 pm	Pre-workshop opening and setup, logistics	We will open the workshop Zoom 15 minutes before each session to help participants with any logistics
1:00 pm - 1:30 pm	Reading Groups	Participants will discuss their article with others in same-topic discussion groups. Then participants join a new break-out group to teach other participants about their topic and to learn about the topics that the other representatives in their group researched.
1:30 pm - 2:00 pm	Lesson planning	Group work to develop a draft lesson plan, incorporating something you've learned in the workshop so far. Discuss with your partner in a breakout room.
2:00-2:20 pm	Share with the group	Share your plan so far with the whole group and discuss.
2:20 pm - 2:35 pm	Break	
2:35 pm- 3:15 pm	Parent Panel	Vietnamese parents share insights with teachers to support them in their work with Vietnamese students.
3:15 pm - 3:50 pm	Group discussion & activity	What did you learn in today's session? What did you learn in the anchor text reading so far? How can you incorporate what you're learning into your teaching?
3:50 - 4:00 pm	Closing	Wrap up, Q & A

Homework for Session 4

Due: October 26

Assignment	Approx. Time to Complete
Read anchor text: <i>The Mountains Sing</i> by Nguyễn Phan Quế Mai Focus on reading: p. 294-end	1-2 hours
Outline your draft lesson plan to present to the group	20-30 min.

Session 4

Time	Activity & Resource	Description
12:45 pm - 1:00 pm	Pre-workshop opening and setup, logistics	We will open the workshop Zoom 15 minutes before each session to help participants with any logistics
1:00 pm - 1:25 pm	Opening Questions	Check in so far from the workshop and the anchor text.
1:25 pm - 2:25 pm	Presentation: Multilingual Resources for Educators	We will share resources (including websites, print material, videos and vendors) to support Vietnamese students and multilingual learners. Participants will be able to reflect on their own culture and experiences, and then think about their classrooms as well. Participants will also reflect and connect what they learned to what they are reading in the anchor text.
2:25 - 2:40 pm	Break	
2:40 - 3:20 pm	Teacher / Educator Panel	In this panel, speakers will share their insights and experience in working with Viet students and families.
3:20 - 3:45 pm	Present lesson plan and ask for feedback	Participants present their lesson plans and receive feedback from fellow participants.
3:45 pm - 3:55 pm	Culminating Reflections	Participants write/share final take-aways from the workshop and future commitments to supporting their Vietnamese students.
3:50 pm - 3:55 pm	Workshop Survey	Using a Google Form, participants will have the chance to provide feedback on the workshop sessions.
4:00 pm	Closing / Thank you!	

Instructors



Maggie Bodemer, Ph.D.

I am a Lecturer in History and Asian Studies at Cal Poly San Luis Obispo where I teach courses on Asian History, U.S. History and Public History. I love teaching, learning and finding new ways to engage with my students. I am also passionate about cross cultural exchange, cultural competency and working with diverse populations.

I earned a PhD in Anthropology from the University of Hawai'i at Manoa and a B.A. in International Studies and Southeast Asia from the University of Washington. I began studying Vietnamese after volunteering as an ESL tutor in college, as most of my students were recent immigrants from VietNam. Moving to Honolulu for graduate school allowed me to not only immerse myself in the multicultural community there but also to travel to Asia every summer.

In my free time, I enjoy hanging out with my family which includes two cats. My 12 year old son is in middle school and I am active in our school's PTA. My hobbies include reading, puzzles and gardening. Originally from Salt Lake City, I have lived in Phoenix, Seattle, Honolulu, Hanoi and now live in San Luis Obispo, CA.



Tham Tran, Ph.D.

I am currently co-teaching "Listening to Buddhists in Our Backyard" at Phillips Academy in Andover, MA. Additionally, I serve as the director of Buddhist Youth Education at a Vietnamese Buddhist temple in Lowell, MA, where I established a Buddhist youth program that teaches practical Buddhism and the Vietnamese language to Vietnamese American and other youths from diverse backgrounds.

I hold a Ph.D. in Education from the University of Massachusetts Lowell and was born and raised in Vietnam, which has instilled in me a passion for sharing my knowledge of Vietnamese culture and traditions. For two years working as a teaching and research assistant at UML, I had the privilege of being part of Southeast Asian American Family and Community Engagement. I am delighted to offer support and promote culturally sustaining-responsive teaching practices.

In my free time, I enjoy practicing sitting and walking meditation, reading, and hiking.

Here is my professional page Margaret Bodemer - History Department - Cal Poly, San Luis Obispo	Here is my professional page Tham T. Tran - University of Massachusetts, Lowell
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Supplies

Since artmaking is central to this workshop, we encourage you to have some art supplies ready. There are two lists provided here, one marked “recommended” and one marked “optional.” The recommended items can all be purchased for under \$30. You will not be penalized in any way if you don’t purchase these recommended supplies, but they will allow you to hopefully explore some new artistic media, which will, in turn, help you provide your students with new avenues for artistic expression. Links are provided on the supply lists but you may also be able to find them locally as well.

Recommended Supplies

Item	Notes
Watercolor Pencils	Crayola, 12 ct (Amazon : \$4.27, Blick : \$3.73 + shipping) Faber-Castell, 12 ct (Amazon : \$10.46) Derwent, 12 ct (Amazon : \$16.62, Blick : \$16.49+shipping) The quality of color and control increases with the price, but the Crayolas are perfectly fine if you are looking to save. These don’t come with a brush, however you can provide your own or use the brush that accompanies the water-soluble graphite pencils (see below)
Watercolor Paper	Canson Watercolor Pad, 140 lb, 11” x 15” (30 sheets) From Amazon (\$9.97, free shipping with Prime) or Blick Art Materials (\$9.72 + shipping)
Micron pens	Sakura Pigma set of 3 (Amazon : \$7.78, Blick : \$7.59 + shipping)
Water-soluble graphite pencils with brush	Staedtler Mars Lumograph Aquarell Pencil from Blick \$5.70 + shipping or Faber-Castell Graphite Aquarelle Pencils from Amazon : \$12.71

Optional Supplies

Item	Notes
Detail watercolor brush	Princeton, Round, Size 3 (Amazon : \$6.37, Blick : \$6.37 + shipping) This is a smaller brush, which allows you to work on a finer level with watercolor or water-soluble graphite pencils.

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Dust-free eraser	Faber-Castell dust-free eraser (Amazon: \$2.88 or pack of 4 for \$5.39 ; Blick: \$1.45 + shipping)
Pencil sharpener	Staedtler (Amazon : \$4.70; Blick : \$4.72 + shipping)
Black paper	Faber-Castell Black Paper Sketch Pad, 9" x12" (Amazon : \$10.58, Blick : \$6.73 + shipping)
Colored pencils	Prismacolor Scholar, 12-count (Amazon : \$9.34, Blick : \$9.99 + shipping)
Drawing pencils	Staedtler Lumograph Graphite drawing pencils, set of 6 (Amazon : \$8.50, Blick : \$8.40 + shipping)

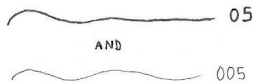
Here is a visual guide to supplies which you might want to purchase:

ART SUPPLIES ★

MEET THE MICRON!



★ SAKURA PIGMA MICRON PENS
COME IN A RANGE OF LINE
THICKNESSES LIKE:



ONE GREAT THING ABOUT MICRONS
IS THAT THEY ARE WATERPROOF
ONCE THE INK DRIES, MEANING
YOU CAN COMBINE THEM
WITH WATERCOLORS, AND
THEY WON'T BLEED.



★ WATERCOLOR PENCILS LOOK LIKE AND BEHAVE LIKE
ORDINARY COLOR PENCILS, EXCEPT THAT
THEY ARE WATER SOLUBLE.

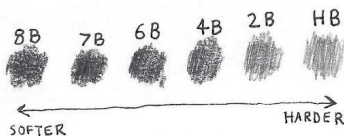


YOU CAN DRAW WITH THEM WITHOUT
WATER FOR A DRY EFFECT LIKE THIS

OR YOU CAN USE WATER AND A
BRUSH TO SPREAD AND COMBINE
COLORS LIKE THIS



★ DRAWING PENCILS COME IN A RANGE OF
HARDNESSES ALLOWING YOU TO CREATE
A RANGE OF VALUES IN YOUR ART.



YOU CAN ALSO ACHIEVE A SMOOTH
TRANSITION OF VALUES BY CHANGING
THE PRESSURE YOU APPLY AS YOU DRAW.

HIGHER QUALITY ★ COLOR PENCILS,
SUCH AS PRISMACOLOR, PRODUCE
NICE SATURATED COLORS.



UNLIKE MARKERS, YOU CAN CONTROL
THE VALUE OF THE COLOR BY
CHANGING THE PRESSURE YOU APPLY.



★ DUST-FREE VINYL ERASERS DO A
BETTER JOB THAN PINK ERASERS
AT REMOVING GRAPHITE FROM THE
PAGE WITHOUT LEAVING SMUDGE
MARKS.



★ WATERCOLOR BRUSHES COME IN A
RANGE OF SIZES. HAVING A SMALLER
SIZE ROUND BRUSH LIKE A 2 OR A 3
WILL ALLOW YOU TO CAPTURE FINER
DETAILS. LARGER SIZES LIKE 7 OR 8
ALLOW YOU TO QUICKLY COVER LARGER
AREAS. IF YOU HAD TO CHOOSE JUST
ONE SIZE, 4 IS PRETTY VERSATILE
FOR CREATING A RANGE OF LINE WEIGHTS.



COLOR PENCILS, WATER-
COLOR PENCILS, DRAWING
PENCILS AND WATER-SOLUBLE
GRAPHITE PENCILS ALL HAVE
SOFTER LEAD THAN NO. 2
PENCILS, AND THEY BREAK
EASILY IN CONVENTIONAL
SHARPENERS. A SMALL



★ HAND-HELD SHARPENER WILL ALLOW
YOU TO GET A GOOD POINT AND TO
EXTEND THE LIVES OF THESE SOFTER PENCILS.



★ WATER-SOLUBLE GRAPHITE PENCILS BEHAVE
LIKE WATERCOLOR COLOR PENCILS
BUT ALLOW YOU TO CREATE
WASHER OF GRAY TONES.



UNLIKE INK, YOU CAN AT
LEAST PARTIALLY ERASE
WATER-SOLUBLE GRAPHITE.

PAPER



WATER COLOR PAPER ★
CAN HOLD WATER,
ALLOWING YOU TO WORK
WITH WET MEDIA, FLUIDLY
COMBINING COLORS.
THE HEAVIER THE PAPER,
THE THICKER IT WILL
BE, AND THE MORE WATER
IT WILL BE ABLE TO HANDLE
WITHOUT BUCKLING OR PILING.
PAPER THAT IS RATED 140 LB
OR MORE WILL HOLD UP WELL
FOR A VARIETY OF USES.



WORKING ON ★ GRAY TONED PAPER
MAKES IT EASIER TO CAPTURE
HIGHLIGHTS AND SHADOWS.



THERE ARE AN ALMOST INFINITE
NUMBER OF WAYS YOU CAN COMBINE
THESE VARIOUS MEDIA. YOU WILL
LIKELY GRAVITATE TOWARDS
PARTICULAR MEDIA, AND FIND
YOU HAVE NEW THINGS TO SAY
AND THAT YOU ARE ABLE TO
EXPRESS DIFFERENT ASPECTS
OF YOURSELF AS YOU TRY OUT
DIFFERENT MEDIA.